



## CHRISTMAS BREAK

23rd - 27th December 2011

Exclusive 'grown up' 4 night Christmas Breaks are very popular with those who prefer a 'child free' Christmas holiday. Clifftop and country walks ensure Mullion is a truly magical place to celebrate Christmas.

### • 23rd December

Arrive at leisure, settle in and indulge with a sumptuous Cornish Cream Tea in our sea view lounges.

Join us for a complimentary pre-dinner Champagne Cocktail and canapés before enjoying a leisurely four course dinner in the Atlantic View Restaurant.

### • Christmas Eve

Traditional English breakfast is served in the Atlantic View Restaurant. Spend a day exploring the Lizard Peninsula. In the evening relax and enjoy a four course dinner with accompanying guitarist and local carol singers. Join us for a brandy or mulled wine night cap and mince pies after midnight mass.

### • Christmas Day

Traditional English breakfast is served in the Atlantic View Restaurant. An informal buffet lunch will be served for guests in the residents lounge. Enjoy a restful afternoon, tea and homemade Christmas cake. Indulge tonight in a superb Gala Christmas dinner in the Atlantic View Restaurant.

### • Boxing Day

Traditional English breakfast is served in the Atlantic view Restaurant. Enjoy a refreshing walk, or as it gets dark why not visit the famous Mousehole Christmas lights. Complete your stay with a spectacular gala buffet.

### • 27th December

Traditional English breakfast is served before departure.



## NEW YEAR BREAK

30th December 2011 - 2nd January 2012

Exclusive 'grown up' and 'child free' New Year Breaks are very popular. Enjoy a 3 night break in the magical setting of Mullion Cove.

• **30th December** Arrive at the hotel and enjoy a Cornish cream tea. Relax and then enjoy a leisurely evening dinner in the Atlantic View Restaurant.

• **New Year's Eve** Begins with traditional English breakfast. Enjoy a day exploring the Lizard peninsula. New Year's Eve 'Gala Buffet' is served in the Atlantic View Restaurant. Dance the night away with Champagne celebrations at midnight.

• **New Year's Day** Begin with an extended Bucks Fizz breakfast/brunch. Explore our spectacular location during the day and Evening Dinner in the Atlantic View Restaurant.

Rate: dinner, bed and breakfast per person based on two people sharing.

### Christmas Break Tariff Four nights (extra nights, per night, shown in brackets)

• Standard bedroom	£580 (£70)	• Partial sea view	£700 (£90)
• Sea view	£780 (£100)	• Premier sea view	£920 (£110)
• Cove view suite	£960 (£120)	extra guest in suite	£350 (£70)

### New Year Break Tariff Three nights (extra nights per night shown in brackets)

• Standard bedroom	£390 (£70)	• Partial sea view	£480 (£90)
• Sea view	£510 (£100)	• Premier sea view	£600 (£110)
• Cove view suite	£630 (£120)	extra guest in suite	£300 (£70)

Guests with a specific dietary requirement - please contact hotel management.



# MULLION COVE HOTEL

Food & wine weekends



Seafood weekends



Line & wash painting



Coastal walking



Landscape painting



Digital photography



2011

## SPECIAL BREAKS TARIFF

Mullion Cove, Lizard Peninsula, South Cornwall Coast TR12 7EP

Telephone: 01326 240328 Email: enquiries@mullion-cove.co.uk

Website: www.mullion-cove.co.uk

## GOURMET WEEKENDS

### FOOD & WINE

Friday 11th - Sunday 13th November 2011

FRIDAY 11th. Relax after your journey and then join the management team for **Pre-dinner canapés & wine tasting**.

FRIDAY EVENING 7.00pm - 8.45pm **Table d'Hote dinner** served in the Atlantic View Restaurant with selected wines.

SATURDAY 8.00-9.45 **Breakfast** in the Atlantic View Restaurant.

SATURDAY EVENING 7.00pm **Seven course gourmet dinner** and selected wines starting with **canapés & wine tasting**.

SUNDAY 8.00-9.45 **Breakfast** in the Atlantic View Restaurant.

Rates – per person per night dinner, bed, breakfast to include wine with meals and tastings.

• Standard bedroom	£109.00	• Partial sea view	£129.00
• Sea view	£139.00	• Cove view suites	£174.00
• Premier sea view	£149.00		

### SEAFOOD SPECIAL

Friday 4th - Sunday 6th February 2011

Friday 4th - Sunday 6th November 2011

Friday 18th - Sunday 20th November 2011

FRIDAY EVENING, after a welcome drinks party in our lounge enjoy the ultimate **'Gourmet fish supper'**: A five course dinner prepared by our brigade of chefs and focusing on tried and tested Cornish recipes.

SATURDAY, enjoy a clifftop walk to build up an appetite or a trip to Cadgwith for a crab sandwich or bowl of mussels in this picturesque fishing village.

SATURDAY EVENING begins with aperitifs and a presentation by our chef.

Dinner is a seafood extravaganza including our **Mullion Seafood Platters**.

Wines are specially chosen by our wine merchants at Constantine Stores.

Rates: per person per night to include dinner, bed and breakfast.

• Standard bedroom	£95.00	• Partial sea view	£120.00
• Sea view	£125.00	• Cove view suites	£155.00
• Premier sea view	£130.00		

## PAINTING HOLIDAYS

### LANDSCAPE PAINTING

Sunday 10th - Friday 15th April 2011

Sunday 22nd - Friday 27th May 2011

Sunday 2nd - Friday 7th October 2011

This **5 night/4 day course** is hosted by accomplished, well known Devon landscape and seascape artist Ray Balkwill.

Tuition is on a personal level, includes demonstrations, talks and critiques with sketching and painting at locations around the Lizard. This course is not suitable for beginners.

Please see FURTHER INFORMATION below.

### LINE & WASH PAINTING

Wednesday 4th - Monday 9th May 2011

Sunday 25th - Friday 30th September 2011

This **5 night course** is hosted by accomplished, well known Somerset artist and retired architect Tony Haskell.

Pen and Wash is an accepted part of the artist's repertoire and allows you to create exciting pictures quickly. This course is suitable for beginners

### FURTHER INFORMATION

For all painting courses price includes: Personal daily tuition, presentations and discussions, welcome drinks, 5 nights dinner bed and breakfast in a twin or double room. Price does not include: Transport to painting venues on the Lizard. Guests are required to arrange their own transport or car share.

Tariff: 5 nights per person based on two people sharing a room.

	Painting 5 nights	2nd Painter 5 nights	Non painting Partner	Single room Supplement
• Standard bedroom	£550.00	£440.00	£330.00	£75.00
• Partial sea view	£625.00	£500.00	£375.00	£75.00
• Sea view	£675.00	£540.00	£390.00	£75.00
• Premier sea view	£825.00	£660.00	£415.00	£75.00

## DIGITAL PHOTOGRAPHY

Sunday 13th - Friday 18th March 2011

Sunday 15th - Friday 20th May 2011

Sunday 9th - Friday 14th October 2011

Sunday 16th - Friday 21st October 2011

Mullion Cove Hotel is a perfect, clifftop location for photography courses.

Our **5 night course** is aimed at those who wish to improve their knowledge, put it into practice and leave with finished images. Courses include tuition in exposure, composition and image editing, discussions and presentations at the hotel and photography on location. To catch the best of the Cornish light, the courses include early morning shoots for those who want to attend. Minimum requirements: digital SLR or bridge camera, tripod.

Price includes: Personal daily tuition, presentations and discussions, welcome drinks, 5 nights dinner bed and breakfast in a twin or double room.

The majority of the course will be on location and will include some walking. Guests are required to arrange their own transport to venues further afield. Tariff: 5 nights per person based on two people sharing a room.

Please refer to Painting Holidays Tariff

## YOGA AT MULLION

Friday 4th - Monday 7th March 2011

Friday 7th - Monday 10th October 2011

Friday 25th - Monday 28th November 2011

Mullion Cove Hotel is in a beautiful and peaceful location where there is a feeling of being away from it all - far from all the stresses and strains of everyday life. Guests enjoying this **3 night retreat** will benefit from the wonderful, rejuvenating effects of yoga.

During this event we will take advantage of the natural environment as much as possible to experience, develop and refine our yoga practise.

We will use yoga postures to bring balance and feelings of wellness to the body; breathing techniques to regulate the breath and enhance the mind body connection, and relaxation methods for inner peace and harmony.

Tariff: Dinner, Bed & Breakfast and all yoga fees. Please see tariff opposite.

## COASTAL WALKING

Sunday 8th - Friday 13th May 2011

Sunday 9th - Friday 14th October 2011

We are delighted to offer you a choice of spring or autumn **5 night** guided Cornish Coastal Walking Breaks hosted by Tony Downing, 'a true Cornishman' and professional Blue Badge Guide. Designed for fit active walkers, walks average 6 to 8 miles each day.

**Day 1** (Monday) - walking distance approx. 6 miles  
The Lizard to: Poltesco, Ruan Minor, St Ruan and Double Hedge

**Day 2** (Tuesday) - walking distance approx. 7 miles  
Kynance Cove to Mullion Cove

**Day 3** (Wednesday) - walking distance approx. 7 miles  
Mullion Cove to: Porthleven, Gunwalloe and Dollar Cove

**Day 4** (Thursday) - walking distance approx. 8 miles  
Lizard to: Coverack, Cadgwith, Lifeboat House and Church Cove

**Day 5** (Friday) - depart after breakfast or... extend your stay!

Tariff: Dinner, Bed & Breakfast and all guided walk fees.

	Walker 5 nights	2nd Walker 5 nights	Non walker Partner	Single room Supplement
• Standard bedroom	£440.00	£352.00	£220.00	£75.00
• Partial sea view	£575.00	£460.00	£290.00	£75.00
• Sea view	£615.00	£492.00	£310.00	£75.00
• Premier sea view	£765.00	£612.00	£382.00	£75.00

### Yoga at Mullion Tariff

	Single occupancy	2 Yoga partners	1 Yoga and 1 non Yoga
• Standard bedroom	£320.00	£495.00	£435.00
• Partial sea view	£360.00	£570.00	£510.00
• Sea view	£400.00	£640.00	£580.00
• Family suite	£450.00	£740.00	£680.00
• Premier sea view	£500.00	£810.00	£750.00