



MULLION COVE

HOTEL & SPA

A World of its Own

GOOD MORNING

Cold Selection

Prunes, Grapefruit Segments, Figs, Fresh Fruit Salad, Natural Yoghurt,
Cereal Selection, Pastries, Croissants

Fruit Juice

Orange, Grapefruit, Cranberry, Apple

Freshly Brewed

Cornish Coffee

Cornish Loose-Leaf Tea

Classic, Earl Grey, Herbal and Fruit

Granary or White Toast

Served with Butter or Flora and a selection of preserves

COOKED BREAKFAST

The Full Cornish

Local Free-Range Eggs (Poached, Scrambled or Fried)
Grilled Tomato, Bacon, Cornish Sausage,
Mushroom, *Hogs Pudding*
and *Baked Beans*

The Full Vegetarian

Eggs (Poached, Scrambled or Fried)
Vegetarian Sausage, Tomato
Baked Beans, Mushroom and Hash Brown

The Full Gluten Free Cornish

Local Free-Range Eggs (Poached, Scrambled or Fried)
Grilled Tomato, Bacon, Gluten Free Sausage,
Mushroom, *Baked Beans and Gluten Free Toast*

The Full Vegan

Tomato
Baked Beans, Mushrooms and Hash Brown



MULLION COVE

HOTEL & SPA

A World of its Own

Classic Eggs Benedict

with Ham & Hollandaise Sauce

Porridge

*Prepared to your liking and Served with
Honey or Brown Sugar*

FISH

Smoked Haddock Fillet

Free Range Poached Egg

Smoked Salmon

Scrambled Egg

Grilled Kipper

Citrus Caper Butter

A HEALTHY START

Smashed Avocado

Toasted Sourdough, Poached Egg

Soya Milk Porridge

Fresh Berries, Nuts and Seeds

Non-Resident Breakfast £20

Please speak to a member of our team if you have any allergies or intolerances