



MULLION COVE  
HOTEL SPA & APARTMENTS

*A World of its Own*

# *Come home* TO THE COVE...

MULLION COVE HOTEL & SPA

Welcome to Mullion Cove, our relaxing retreat nestled on the rugged cliffs of the Cornish coast. Somewhere to kick off your boots, curl up with a coffee and let us take care of you.

Calming interiors, timeless elegance and the warmest of welcomes, each space has been designed to soak up the dramatic seascapes. Exceptional service is our promise; hospitality is at the heart of all that we do.

Whether you're indulging in the AA Rosette awarded restaurant or recharging in the luxurious sea view spa, outdoors exploring or indoors unwinding, there's an adventure or escape for everyone.

*So sink back, gaze out to sea and let us serve you. Our hotel is your haven.*





[www.mullion-cove.co.uk](http://www.mullion-cove.co.uk)



*Looking for the perfect gift?*

We have a selection of online gift vouchers which can be purchased via our website.

For more information visit,  
[www.mullion-cove.co.uk](http://www.mullion-cove.co.uk)

MULLION COVE HOTEL & SPA

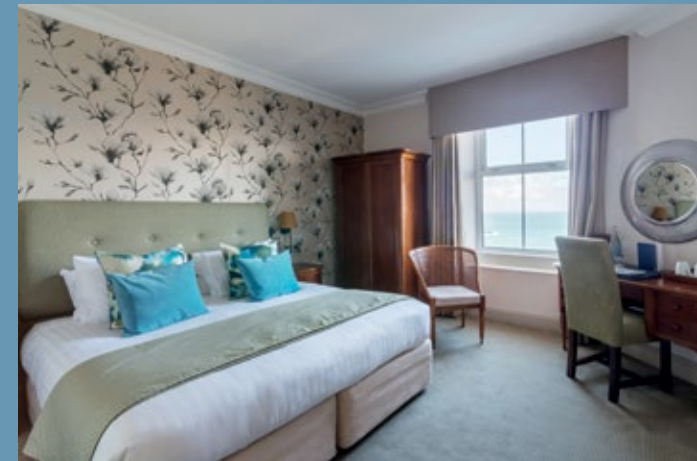


Stay in Seaside Style

# Stay in COASTAL STYLE

From our relaxing rooms and suites to the privacy and seclusion of our apartments, every room has been positioned to showcase the sea vistas.

All of our accommodation offers something a little different, so whether it's a cosy lounge, a sea view balcony or a relaxing bubble bath overlooking the ocean, comfort is key. Expect modern ensuite facilities and coffee machines as standard with calming interiors and a sense of space.



*Did you know?*

*Mullion Cove Hotel & Spa has been owned by the Grose Family since 2006, who have also owned and managed the Thurlestone Hotel since 1896.*

For more on our history visit,  
[www.mullion-cove.co.uk/blog](http://www.mullion-cove.co.uk/blog)



“

An amazing location for a wonderful break, made special by the staff and services who will do anything with a smile to make your stay just perfect.

Pleasant, spotlessly clean and great facilities. Will definitely be returning!

Holly Lidstone, Tripadvisor, January 2022

”





Harbour Apartments – Quay Side



Guinevere Lounge

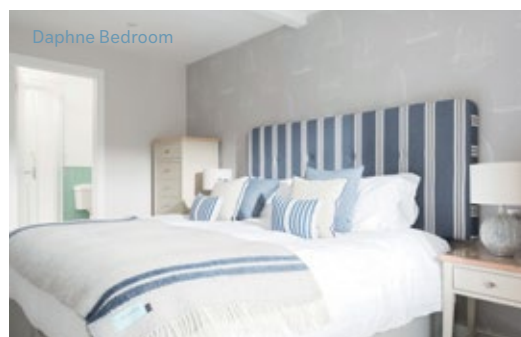
## Self-cater *in Style...*

Our apartments are designed in a contemporary style with top of the range appliances and WiFi. Each apartment has a private balcony with a selection boasting exclusive ocean facing hot tubs to kick start your holiday in style.

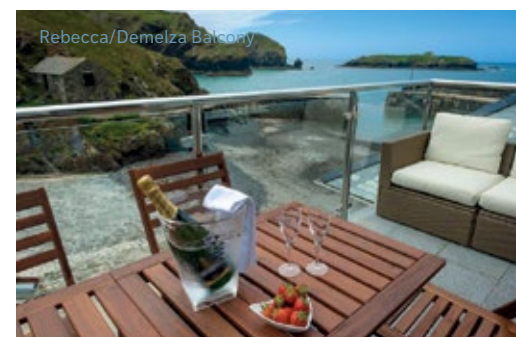
Entirely self-contained and fully equipped for self-catering, apartment guests are also welcome to book for breakfast, lunch and dinner in our restaurant or to indulge in the luxury spa facilities at the hotel for a small additional charge.



Morwenna Bedroom



Daphne Bedroom



Rebecca/Demelza Balcony

Soak up the panoramic views and be serenaded to sleep by the sound of the sea, this is coastal tranquility.



Harbour View Apartments



Daphne's Lounge Fire





Cuisine at the Cove



At Mullion Cove, we care about cuisine. Fresh fish, succulent steaks, exceptional seafood platters and local seasonal produce.



# *Cuisine* AT THE COVE







With a daily changing menu, our 2-AA Rosette awarded Atlantic View Restaurant is the place for fine dining, Champagne toasts or a romantic candlelit dinner a deux. Enjoy sumptuous cuisine while watching the sun go down over the Cornish sea, dining with us is an experience to savour.

By day, we offer something a little more casual in our Glenbervie Brasserie and Bar. Light lunches, coffee and cakes. Perfect for post-hike pick me ups and afternoon delights or a drink before dinner. From morning coffee to a traditional Cornish Cream Tea with lashings of jam and clotted cream.

As day turns to dusk, enjoy an expertly mixed cocktail in our Art Deco bar, Mullion style. Our attentive team are always on hand to assist with every element of your dining experience – from the origin of the ingredients to the perfect wine to pair with each dish.

*Created with flair,  
it's a foodie affair.*



[www.mullion-cove.co.uk](http://www.mullion-cove.co.uk)



*Sunday's are  
for Roasts...*

Take Sunday slower with a traditional Sunday Lunch\* while gazing out at those stormy seas and rugged cliff-tops.

\*Last Sunday of each Month





Our Ocean Inspired Sanctuary

# *Our Ocean Inspired* SANCTUARY

[www.mullion-cove.co.uk](http://www.mullion-cove.co.uk)

Our state-of-the-art spa is rather special. Designed to make the most of the ocean views, swim in the outdoor pool, soak in the indoor hydro-infinity pool or sink into the cliff-top hot tub with its unrivalled outlook.

MULLION COVE HOTEL & SPA

No 17





[www.mullion-cove.co.uk](http://www.mullion-cove.co.uk)

Relax in the heat of our sauna, inhale the scent of the aroma steam room and unwind in the salt laconium. Using sustainable, organic and ocean-infused products from brands Voya and Cornish skincare company Spiezia, everything has been created to reflect our coastal location.

Start your break in style with a romantic couples massage in our candlelit suite, complete with a rose bud and Cornish sea salt foot bath or indulge in organic seaweed wraps, deluxe facials, or our signature Spiezia treatments. Afterwards enjoy a moment of reflection and restoration in our relaxation room.

Sip herbal tea by the fire and gaze out to sea. Whether an invigorating swim or a muscle melting massage, a spa day for two or some well-deserved time to yourself, our spa is the perfect hideaway to unwind and watch the waves.

*A moment of coastal calm.*



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MULLION COVE HOTEL & SPA



# Out & About



Perfectly positioned, Mullion Cove is a paradise for walkers and explorers, families and couples.

Situated close to the South West Coast Path, we are in the ideal location for a walking break or to tour all that Cornwall offers. Discover the rich maritime history and the magnificent gardens. Enjoy day trips at the world renowned Eden Project, the dramatic cliffside theatre The Minack and the iconic landmark St Michael's Mount.

With an abundance of beaches on our doorstep and plenty of places for canine companions to run free, return to the hotel and wipe muddy paws clean while we light the fire and serve afternoon tea.



Enjoy sea swimming at sunrise and horse riding at sunset, whether sunbathing or storm-watching, Cornwall never fails to amaze in every season.

*Experience the magic of Mullion Cove.*





## How to get Here...

### By Car

**TR12 7EP is the postcode.**

### From Exeter

Leave the M5 at Junction 31 and continue on the A30 for approximately 87 miles. At Carland Cross roundabout, take 2nd exit onto the A39.

Stay on the A39 through Truro, after which follow signs for Falmouth. At Treluswell roundabout, (by Falmouth University) take the 3rd exit signposted Helston (A394) and Penzance (A30) Follow the By-pass around Helston then (just after Culdrose Air Base) take the 2nd exit at the roundabout signposted A3083 Lizard.

After approximately 7 miles you will find the right turn signposted for Mullion. Be aware that some Sat Navs make you turn off earlier just after the Wheel Inn, this road is a real narrow country lane so for safety, keep on the A3083 until the above tuning.

Follow the road through the village, turning left at the T junction opposite Christopher's estate agents. Follow the middle road down past the chocolate factory, and it's a right up the hill immediately after the car park on the right-hand side.

Parking is just over the road directly opposite the hotel, with an overflow carpark behind the turning circle.

### By Train

There are regular train services from London and the Midlands to Redruth train station from where we can arrange for guests to be collected (approx. 40 mins).

Nearest station – Redruth (20 miles/40 minutes' drive time from the hotel)

### By Bus

Nearest National Express bus stop is Helston,

From Helston, the No37 bus runs hourly from to Mullion Cricket club closest stop which is less than a mile from the hotel. From here we can pick you up and bring you to the hotel. Or, if you're feeling energetic! It is approximately a 15 minute walk.

### By Plane

The Nearest airport – Newquay (45 miles/ 1 hour 15 minutes' drive from the hotel)



*South Cornwall Coast*







# MULLION COVE

## HOTEL SPA & APARTMENTS

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