

# THE MULLION PACKET

Welcome to the **MULLION COVE HOTEL** **AUTUMN NEWSLETTER 2018**  
CORNWALL



## MULLION COVE HOTEL

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Dear Friends,

Wow what a year it has been since our last newsletter! We have seen two extremes of weather here in Mullion over the year, not only did we see one of the hottest Summers on record but in March we also saw two feet of snow, the first to close the hotel since 1974, both types of weather brought its own challenges. The influx of tourists visiting Cornwall and the trend towards the "staycation" saw the popularity of the Harbour Apartments soar and again we had a very busy summer season in the Hotel.

I am delighted to again announce some exciting award news... The AA awarded us their coveted Red Star Inspectors Choice award. For a hotel to be awarded red stars means that it has been selected by the AA as one of the very best hotels in the British Isles, offering excellent levels of quality and outstanding hospitality and service. It was a great feeling to receive this award and be recognised for our commitment to offering you, our guests, the very best service we can provide. We were also crowned "Best Hotel Restaurant in Cornwall" by Cornwall Life in their recent Food and Drink Awards.

The popularity of the Harbour Apartments and the trend towards visitors wanting self-catering properties has spurred us to extend our self-catering offering and I am delighted to announce the acquisition of a second property – located a very short distance from the hotel. The Harbour View Apartments will be ready in late Spring with our first guests expected for Easter. There is more about the new apartments overleaf.

Each year when I talk to guests at the hotel or when I receive your feedback, either from comment cards or our online Guestrevu system, a majority of you request for us to provide more leisure facilities... Well it is with great pleasure I can announce that we have begun the planning works to bring you a **brand new, purpose built spa**, which will provide all of the modern spa facilities you will need to unwind, relax and pamper yourselves whilst at Mullion Cove and taking in that amazing view. The Spa will be located in the front garden and will be adjacent to and raised above the outdoor pool (which will also be refurbished for us to be able to heat the pool from March until October). There is more about the spa included.

Next year we will be re-opening a little later following our Christmas break and due to the possibility of there being the odd builder on site we will be offering reduced rates for any guests who wish to visit us during the time we are open in January until the end of February, along with our very popular **third night free**, visiting us during this time will be better value than ever. Any building works that may take place will not affect the view from any of our first and second floor rooms, but those rooms over looking the harbour will see the building works from the window.

Back by popular demand our THIRD NIGHT FREE offer, and our winter tariff will be extended and is now available until the 12th April and you'll be delighted to hear that for the second year running we have not increased our Winter or Early Spring tariffs.

It was a delight to see so many of you returning this year and the team and I look forward to seeing you all again soon.

Best wishes

**Daniel Thompson** M.I.H.  
General Manager



'A World of its own'



# HARBOUR VIEW APARTMENTS

MULLION COVE CORNWALL



## OPENING EASTER 2019...

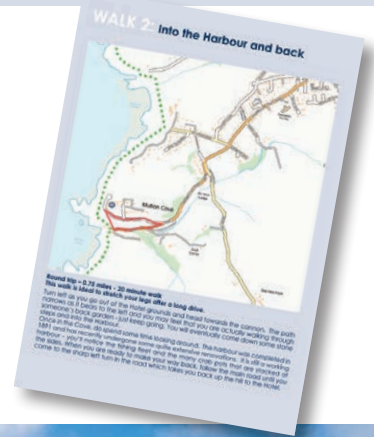
The Harbour View apartments, situated a short distance from the hotel, are set high above the cove and boast amazing countryside and wonderful Sea Views, the interiors and facilities will be of the same high quality that you have come to expect from our self-catering apartments. The property will provide four luxury two and three bedroom apartments with the balconies from the first floor apartments an ideal location to relax and enjoy the view. Thoughtfully designed, guests have everything they might need: an

elegant kitchen with granite worktops, Nespresso coffee machines plus a full home entertainment system with 40" screen and Netflix. Top notch Hynnos Deep Divan Beds and luxury linens ensure peaceful sleep. All apartments will have their own alfresco private terrace area with quality outdoor furniture and loungers – An ideal spot for those warmer evenings and the large communal exterior grounds and games room adds extra space for playing, sunbathing or for just getting away from it all...



## Local Walking Maps!

For those of you who visited over the Summer you may have seen in your room or at reception our new "Local Walks" maps. We have produced these due to many of our guests asking for recommended walks during their stay. The maps are free of charge to our guests and feature six walks of various lengths and difficulties and also highlights other points of interest in the local area. So next time you visit pick up a copy and enjoy the Lizard and surrounding areas.



# HARBOUR APARTMENTS

MULLION COVE CORNWALL

## LOW SEASON GETAWAY

*If you fancy a low season getaway then why not take advantage of our apartment previous guest rates*

15th October – 14th December\*

5th January – 6th April 2019\*

**Guinevere** (sleeps 6)

**£1,099**

**£999**

**Rebecca/Demelza** (sleeps 4)

**£999**

**£799**

**Penelope** (sleeps 2)

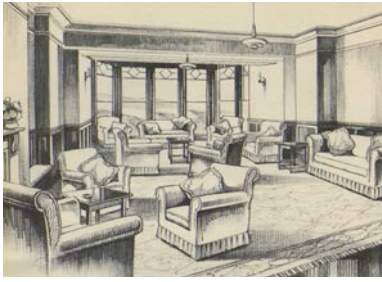
**£799**

**£599**

Book your Low Season getaway before the end of November and join us for a full Cornish breakfast for one day during your stay. Short breaks are also available, please contact us directly to discuss your requirements.

\*rates based on 7 nights (Breakfast unavailable between 5th Jan and 27th Jan)

# LOOKING BACK AT 120 YEARS OF THE MULLION COVE HOTEL

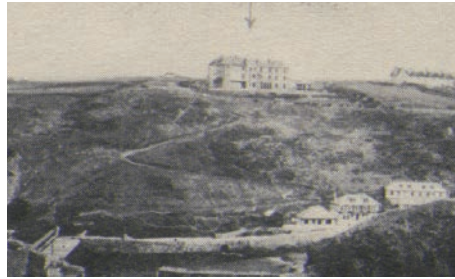


Our wonderful Hotel is steeped in history. Since opening its doors in September 1898 she has welcomed hundreds of thousands of guests and although ownership of the property may have changed the culture of offering first class service, and great food with an unrivalled view, has not, and 120 years later we are still doing just that.

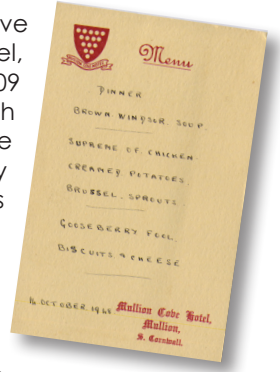
Shortly after arriving at Mullion, nearly 3 years ago, a package landed on my desk addressed to the "Manager". Its contents brought not only amusement but intrigue and lots of nostalgia. Inside the parcel was a tariff and brochure from 1948 which was found amongst the senders Aunts "special things". Since receiving this parcel we have been collecting old documents, pictures and newspaper clippings with the view of producing

a "History Scrapbook". So far we have found original deeds to the Hotel, pictures from 1904, a cutting from 1909 of a burnt out hotel in Mullion (which turned out to be our neighbour – the Pollurian). We have received a copy of a diary with wonderful watercolours featuring Mullion dated 1914 and a newspaper advert from the 1930's boasting of 42 rooms, archery, putting greens and billiards!

The thought of a Mullion Cove brochure containing hand drawn



illustrations of our bedrooms and lounges, being in a box of special things for 70 years reminded us that everyone of our guests has their own special memories of Mullion and we would love to hear them and to include them in our planned scrap book, we would also be grateful to receive any old documents by post (we would of course send them back) or by email so that we are able to include them, thank you.



## TREBAH GARDENS



This Summer we launched our Garden Breaks which has proved to be incredibly popular. The breaks (which shall start again in the Spring) include tickets to a garden of your choice, from one of five gardens which we have personally vetted.

One of these gardens is Trebah, a sub-tropical paradise with a stunning Coastal backdrop. This beautiful Cornish Valley Garden has over four miles of foot paths winding around the Gardens and down to their own private beach on the Helford River.

Trebah offers a year round experience... in the Spring the Garden comes alive with Rhododendrons, Magnolias and Camellias; in the Summer the giant Gunnera is a must see. Hydrangea Valley explodes into colour in the Autumn and in the Winter the spectacular champion trees dominate whilst the plants from the Southern hemisphere flower. The Gardens are also dog friendly and there is a wonderful restaurant, designed by Anna Hart our interior designer, which is open daily from 10am.

*Why not visit us and take advantage of our special breaks or preferential rate all year round.*



### CHEF PAUL FEATURES IN TASTE OF THE WEST COOK BOOK

For any of our guests who joined us for our Christmas package last year you would have received a Taste of the West cook book as a Christmas Present from us and we do hope that you have made the most of the great recipes that featured in the book

that were provided by our Head Chef. This year, Paul was asked to make a bigger contribution to the latest book which now features more of his wonderful recipes. One of his recipes uses a traditional Cornish staple and this Hog's Pudding Scotch Eggs dish would make a wonderful dinner party starter or great finger food for any parties you are planning this festive season.

# THE MĀORI Murder Mystery

**Saturday 17th November. Join us for a night of Intrigue, Mystery, Māori and Murder...**

It is 1930 and a dinner party has been arranged for a small group of friends who collect Māori artefacts from New Zealand. Captain Alfred Fuller has been collecting these rare pieces for some time and he is at the party. Also present is a relatively new collector, Harry Beasley. They are there to meet James Little from Truro, one of the most successful dealers in these rare pieces. From his little shop in Truro he successfully sells much sought-after artefacts to buyers from all over the world.

At the dinner party, all seems normal until tensions mount and arguments surface. Before the evening is out a death

occurs and there is no doubt at all that a murder has been committed.

It is down to one of the guests to take charge of the investigation until the proper authorities arrive. All the clues will be there to lead to the correct conclusion, but will they be correctly deduced? The investigator, with the help of the other guests at the event must get to the truth before the night is out!



Three course dinner with a bubbly and canapé welcome reception £45 per person.

Accommodation available from £75 per room to include bed and breakfast.

## Walking Break with Blue Badge holder Tony Downing

12th May for Three Nights to include dinner, packed lunch, bed and breakfast and two guided walks, showing off Cornwall at its best.

Package price from £499 for two guests sharing.



**3** NIGHTS FOR THE PRICE OF  
and then some...

**2** Don't let our building work put you off ... during January and February, not only are we offering £20 off last years tariff but we are also offering your 3rd night free - Call Sarah and her team to book your room!



## Romantic Getaway

SPOIL YOUR LOVED ONE THROUGHOUT FEBRUARY.

Any two nights, Bed and Breakfast, dinner on one night with chocolates and prosecco in your room on arrival £299 per couple in a Partial Seaview, £350 per couple in a Sea View Room or completely indulge in a Premier Sea View room for £399 per couple.

### Hog's Pudding Scotch Eggs

- 6 Free range Eggs
- 200g sausage meat
- 100g cooked hog's pudding, grated
- 1 tsp chopped thyme leaves
- 20g French mustard
- 1 tsp cayenne pepper
- 4 tbsp chopped chives
- 200g Mayonnaise
- 50g English Mustard
- Flour, 2 whisked eggs and breadcrumbs to coat.



Soft boil the eggs for 5 minutes. Remove from the water and place into iced water until cold then remove the shells.

Place the sausage meat and hog's pudding in the blender with 10 tbsp of water and pulse a few times until well mixed. Transfer to a bowl and mix in thyme, French mustard, chives and cayenne pepper and season.

Divide the mixture into 55g portions and lay each one out

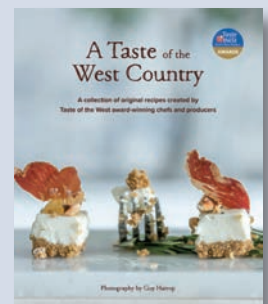
onto cling film. Use another piece of cling film to flatten the mixture, keeping the meat as circular as possible.

Remove the top layer of cling film and lay an egg onto the sausage meat. Using the remaining cling film wrap the eggs in the meat, making sure they are fully covered. Leave to set in the fridge for half an hour.

Cover the balls in flour, then egg then the breadcrumbs. Deep fry at 190°C for 2 minutes then transfer to the oven (also at 190°C) for ten minutes.

Mix the mayonnaise and mustard together and serve as an accompaniment for the Scotch egg.

This great dish will feature on the Restaurant and Bar menu throughout the winter – so if you can't find time to make it yourself, you can always try it here! If you wanted a copy of the Taste of the West Book, they are available from reception at £14.95 and we can even post them to you.





## William Gray

### Photography Workshop

6th February and 6th March for 2 nights

Develop your eye for detail, master composition, learn when and how to use filters and much more on this two night break. Locations include Kynance Cove and Lizard Point.

Packages from £535.00

## Carla Regler

### Digital Photography Weekend

23rd March for 3 nights

Our three-night photography weekend is designed to appeal to all levels, to enjoy the locations situated along this coastline, and to capitalise on the ever-changing Cornish light.

Packages from £570.00



## Louise Bougourd

### Watercolour Painting Holiday

12th May for 6 nights

This five-day watercolour painting holiday draws on the Lizard's beautiful surroundings and dramatic scenery, which are a huge inspiration for any artist.

Packages from £990.00

## Ray Balkwill

### Seascape Painting Holiday

19th May for 5 nights

Our Seascape painting course includes personal tuition, evening discussions, presentations and much more.

Package from £825.00



Visit [www.mullion-cove.co.uk](http://www.mullion-cove.co.uk) to view full details of our special breaks.

# BETWIXMAS Special Breaks



## Third Night Half Price

Recuperate after Christmas and let us do the washing up! Arrive on the 27th December for three nights on a Dinner, Bed and Breakfast package and your third night will be half price. This offer is only available for return guests. So call Sarah and her team to book.

## THE PERFECT Christmas Gift

Treat your loved ones to the gift of Mullion Cove Hotel... Our online gift voucher shop offers an incredibly easy way for you to purchase gift vouchers for your loved ones which we can then pop in the post or email to you. There is a variety of different vouchers for you to choose from; dinner, afternoon teas, cocktails with nibbles or if you can't decide the flexibility of our monetary value vouchers will really delight that special someone. All vouchers are available to buy online at [www.mullion-cove.co.uk](http://www.mullion-cove.co.uk) or by calling reception.

This year we are proud sponsors of three local sports teams.

The **Mullion Cricket Club**, **Mullion Football Club** and **Helston RFC**.

We are delighted to be supporting these clubs and thereby the local community.

By booking direct by telephone or through our website we guarantee that you'll get our very best rates that you will not find anywhere else.

[www.mullion-cove.co.uk](http://www.mullion-cove.co.uk)

# Christmas Parties...

Celebrate Christmas in style this year...

PARTY WITH FRIENDS OR FAMILY THIS FESTIVE SEASON  
AT THE AWARD WINNING MULLION COVE HOTEL.

Between **Friday 30th November and Friday 21st December** we are offering party packages starting from **£29.95** per person and include:

Welcome drink upon arrival, 3 course Festive menu  
Coffee & Mini Mince Pies, Disco until midnight (for groups over 40)  
Festive table decorations (party hats, streamers etc.)

Accommodation for Christmas party guests is available with standard rooms  
from **£45.00 per person per night** to include bed and breakfast.

Email: [events@mullion-cove.co.uk](mailto:events@mullion-cove.co.uk)

# Spa coming soon

We are delighted to announce that planning work has begun on our highly anticipated and incredibly exciting Spa Project – this purpose-built facility will have everything you will need to relax and unwind in whilst being pampered in luxurious surroundings. The proposed complex (artist impression below) will be built adjacent to and raised above the outdoor pool. The spa will take advantage of the Sea view and each guest area has been designed so that where possible you can gaze out to sea whilst you are relaxing. Facilities will include an indoor hydrotherapy infinity pool, Indoor Steam Room and Sauna, (both with Sea views). Indoor and outdoor experience showers. Two single and a couples Treatment room, a Rasul couples mud experience room, a well stocked Gym, a tranquil post treatment relaxation room and warm reception with a welcoming fire, so even in the cooler months you can indulge in a spa break. Outside on the decking we hope to provide an outdoor hot tub and barrel Sauna with an area of seating for coffees and light refreshments. The decking will sweep round and lead to the outdoor pool, which will also be refurbished and heated so we are able to open the pool between April and October.

The spa will use colours and materials to evoke Cornwall and its Tin Mining History. Coppers, Bronzes, Brass, Tins, Silvers

and Granite will feature and also colours taken from the local natural environment such as the amazing blues and turquoises which are prominent in the cove when you look out to Sea or the olive greens of the local serpentine in the cliffs.

The other underlying and subtle theme will be that of Japanese influences. Japan is an island nation and thus surrounded by sea but also having spiritual retreats in high, rural locations which fits with the Spa's location. The natural benefits of the lizard serpentine helps to aid meditation and enhances spiritual exploration, it clears the chakras and fills your life with positive energy.

The use of Seaweeds and Sea salts within the treatments and products will add a feeling of natural and organic relaxation. The sense of well-being and outdoor living will be brought through from the atmosphere of the spa.

The use of natural sounds, such as recordings of the Mullion sea washing against the pebbles in the harbour, along with the use of foraged seaweed from the lizard and salt products derived from the Lizard peninsula (and full of natural nutrients and minerals from the sea) will offer a unique experience guests will only find at the **Mullion Cove Hotel**.



## RED STAR AWARD



We were over the moon when we were recently recognised by the AA for our hard work and commitment to offering outstanding levels of food and service. A hotel which is awarded red star status is selected by the AA as being the very best in their category within the British Isles. It is an achievement that we are incredibly proud to shout about as it confirmed to us that we are providing the very best for you, our guests. This award puts us in a small group of hotels in England and one of only two on mainland Cornwall.



## MEET THE TEAM



**James Heath**  
**Junior Sous Chef**

Local lad James has been one of Paul's key team members over the last three years. Before joining our kitchen team, he worked in and around Helston at a number of different Hotels and Restaurants developing and honing his skills whilst gaining experience across different levels and styles of cooking. When Paul is away from the hotel, James can take control of the pass to ensure that consistency from the kitchen is maintained. His favourite dish is very simple and sustainable - Local Mackerel simply due to its unique flavour and abundance in our Cornish waters with locally sourced samphire, cherry tomatoes, mash and burnt butter.



**Alex Chalk**  
**Promoted to Deputy manager**

Many of you would have met Alex during your recent stays heading up the Restaurant team. He joined the Mullion Cove Team in 2016 and over the last 2 years has worked incredibly hard to raise standards within the food and beverage departments. In September and much to Alex's delight he was promoted to Deputy General Manager and his new role will be to deputise for Daniel whilst our building work takes place. Alex says, *"I am really looking forward to pushing the team to raise standards even higher across all departments in the Hotel and with our recent AA award its incredibly important that we maintain these standards"* Alex will be on hand most days to assist with anything our guests need and can be contacted by emailing [alex@mullion-cove.co.uk](mailto:alex@mullion-cove.co.uk)



**Mary Grose**  
**Business Development Manager**

This year saw the introduction of a Business Development Manager to Thurlestone Estates and there was nobody better than a family member, with a passion for our business, to take this role. Mary has taken charge of developing new business for the Mullion Cove Hotel and our sister property the Thurlestone Hotel during the Winter months. Mary is a great contact for any guests who may need meeting or conference space, large gatherings or parties with friends, family or colleagues, Christmas parties or large group bookings.

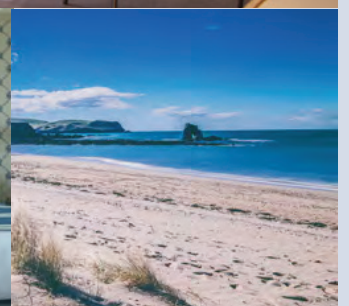
Mary can be contacted by email on [Mary@thurlestone.co.uk](mailto:Mary@thurlestone.co.uk)

## Look out for our Spring Newsletter

THE NEXT MULLION PACKET WILL BE OUT IN THE SPRING, WHICH WILL CONTAIN MORE INFORMATION ABOUT OUR AMAZING NEW SPA, HARBOUR APARTMENTS AND SPECIAL OFFERS FOR THE REST OF THE YEAR.



## THURLESTONE HOTEL & SPA



Winter Sale, November - January. Stay three nights and get the third night at 50%  
Quote "Mullion News" (Terms and conditions apply, excludes 23rd December - 12th January)

[www.thurlestone.co.uk](http://www.thurlestone.co.uk) 01548 560382